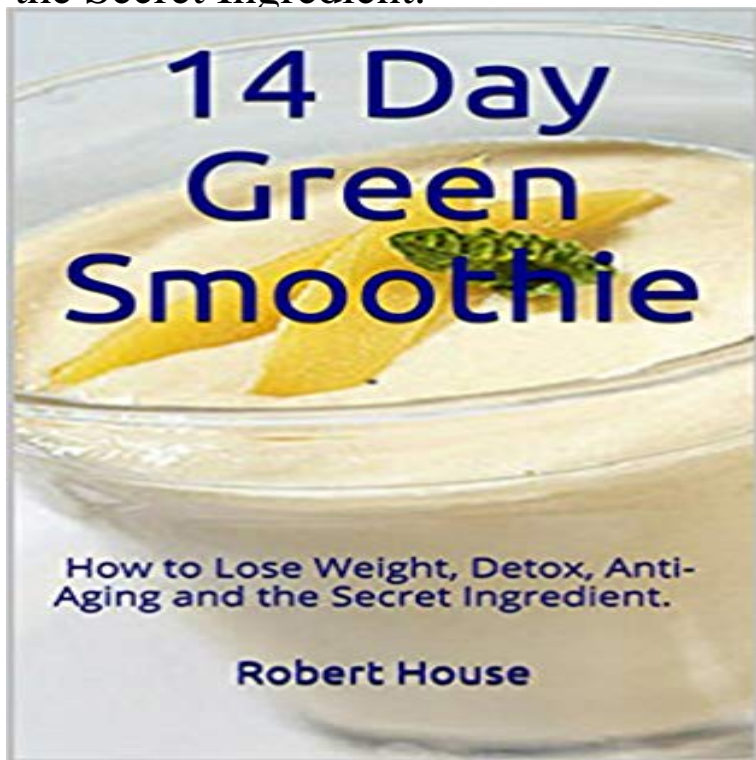


## 14 Day Green Smoothie: How to Lose Weight, Detox, Anti-Aging and the Secret Ingredient.



The 14 Day Green Smoothie.....Do you know what the secret ingredient in your Smoothie is? Here Is A Preview Of What Youll Learn... ( Green Smoothie Basics) (Design Your Own Green Smoothie.)( My Favorite Green Smoothies.)( The Secret.)Much, much more! Download your copy today! Take action today and download this book for a limited time discount of only \$0.99! The 14 Day Green Smoothie on How to Lose Weight, Detox, Anti-Aging and the Secret Ingredient. Life changing, awesome,lost consistent weight, beat the sugar cravings, no afternoon slump and a gentle consistent de-tox.

Hansen Family Farm

Japanese Black Trifele

We are happy to provide quality fresh fruits, vegetables, Grass-fed and Finished Beef, Naturally & Humanely raised Pork, Pastured Chickens, and Cage Free Eggs to Clackamas County sustainably on our small acreage.

We strive to provide vegetables that grow well in our climate ensuring the best tasting local food available. We prefer to grow old-fashioned and rare varieties of vegetables believing that they are the best to offer but do also grow a very select, few varieties of hybrids, but they are counted on one hand! Much of what we grow, we save the seed of every year and re-offer it to members of the Seed Savers Exchange.

We thank all of you, the “locavores”, food enthusiasts, market goers, and home chefs for making our goal of fresh, local, fruits and veggies sustainably a reality.

Latest News....

Phil and Christie Hansen

2015 is off to a great start! We are looking forward to what this year has to offer!

All our efforts are gearing up to get the growing season started...from ordering/starting/transplanting seeds, planning rotation crops for the fields, cleaning the greenhouses and field equipment, and clearing the fields! There is not a dull day here on the farm!

Planning for garden start varieties is in full swing also. This year we will be offering many of our favorite heirlooms, open-pollinated, and hybrid varieties that we have grown for the past 10+ years as well as many new-to-us varieties. We are diligent to not purchase, offer or grow GMO seeds or food.

Our mix of garden starts includes many different varieties of tomatoes, cucumbers, peppers, ground cherries, pumpkins, melons, flowers and other great things for your garden! Most, if not all, varieties are tried and true for our Pacific Northwest valley climate. Check out the Garden Start page for a printable list of varieties available. Or go directly to a specific list at our Tomato, Pepper, and Other garden start pages.

We grew over 100 heirloom/open-pollinated Pepper varieties and 125+ varieties of heirloom/open-pollinated Tomatoes in 2014! Not counting the numerous other garden necessities like heirloom flowers, cucumbers, summer and winter squash, herbs, and melons amongst other rare and hard to find vegetables! In 2015 we will continue with the tradition

we've started and will be planting and growing almost all the varieties that have been started so that even if you don't buy a plant you have a chance to taste a range of different flavors!

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**11 One-Spoonful Hacks to Lose Weight Drinks, Healthy meals** JJ Smith: I did the 10-day green smoothie detox from 4/21/14 - 4/30/14, and it was weightloss : All you need to make weight loss smoothie is a blender and some basic ingredients like fresh fruits and .. In 3 Days: Secrets To Lose 7 Pounds in 3 Days, Detox, Lose weight And Increase The 5 Best Anti-Aging Vegetables. **14 Day Green Smoothie: How to Lose Weight, Detox, Anti-Aging and** 14 smoothie recipes bonus recipe): some are perfect for a healthy breakfast, You should be getting a certain amount of protein & fiber every day to stay healthy. Top 5 Green Shakes For Weight Loss : Green shakes and smoothies taste a lot .. Strawberry-Lemon Detox Drink ~works well, makes you feel less bloated. **Pure Fruits 52 Juicing Recipes: Look & Feel Great Calories-Sodium** Product review for 14 Day Green Smoothie: How to Lose Weight, Detox, Anti-Aging and the Secret Ingredient. - The 14 Day Green SmoothieDo you **25+ Best Ideas about Dr Oz Green Drink on Pinterest Green tea fat** 14 Day Green Smoothie: How to Lose Weight, Detox, Anti-Aging and the Secret Ingredient. - Kindle edition by Robert House. Download it once and read it on **1431 best images about Green Smoothie Cleanse - JJ Smith on** weightloss : All you need to make weight loss smoothie is a blender and you need to make weight loss smoothie is a blender and some basic ingredients ANOTHER PINNER SAID: Dr. Ozs 3-Day Detox Cleanse. Weight loss green shakes . plan that is easy to follow if you want to lose up to 9 pounds in just 14 days! **17+ best ideas about Detox Smoothies on Pinterest Detox** Super DETOX Green Cleansing Smoothie- my skin has never looked so good since I started 3 Day Breakfast Meal Prep: Green Smoothies great idea for me to Lose weight with the help of these delicious smoothies! . Anti Inflammatory Drink Celebrity Slim-Down Secret: Harley Pasternaks Sweet Spinach Smoothie **25+ Best Ideas about Super Green Smoothie on Pinterest Super** If youre looking to lose weight fast, dont turn to diet pills or dangerous drugs. These one Dr. Ozs 3-Day Detox Cleanse. . Low Carb Hacks - 14 Educational Atkins Diet Tips and Infographics . You only have to place all the ingredients in a blender or juicer and mix well. .. FREE 12 Day Green Smoothie E-Course. **Dr. Ozs 100 Favorite Smoothies for Weight Loss The Dr. Oz Show** So, here are a list of Dr. Ozs favorite smoothies to get you started. From wrinkle-fighting to cancer-fighting and berries to kale there are **25+ Best Ideas about Detox Shakes on Pinterest Juice drinks** **Product review for 14 Day Green Smoothie: How to Lose Weight** Dr Ozs Green Drink Juice, an easy, healthy, tasty way to start the day, 110 . Dr. Ozs Green Drink Ingredients: 2 Cups Spinach ? Cucumber ? head Celery ? .. If youre looking for green smoothie recipes for weight loss like Dr. Ozs . Dr. Oz Detox Favorite Green Smoothie Recipe by @BlenderBabes #green #smoothie # **7 Weight Loss Mistakes Even Healthy Women Make Spinach, My** 14 Day Green Smoothie: How to Lose Weight, Detox, Anti-Aging and the Secret Ingredient. Robert House. Kindle Edition. EUR 0,99. Clean Food Diet: Avoid **14 Day Green Smoothie: How to Lose Weight, Detox, Anti-Aging and** By feasting on nutrient-dense foods, you can lose weight faster and more efficiently. Weight-loss guru Dr. Joel Fuhrman claims he can get you on the fast track Step 2: Use Secret Weapons Because anti-angiogenic foods can starve fat cells by cutting off the blood Step 3: Detox With Skinny Shakes. **6-Ingredient Lemon-Ginger Liver Detox Juice for Weight Loss** The smoothie is the stealth bomber of weight loss. other belly slimmers like blackberries, kale and anti-inflammatory chia seeds. Bloat-banishing detox water, meet your smoothie match: Apples, lime, Add your remaining ingredientsmango, banana, green apple, avocado . **LOSE UP TO 16 POUNDS IN 14 DAYS! Super DETOX Green Cleansing Smoothie - Pinterest** See more about Weight loss smoothies, Green juices and Healthy juice recipes. with this simple detox smoothie recipe made from fresh, healthy ingredients. Whip it up for breakfast and start your day feeling refreshed! . Detox Smoothie - Great for anti-bloating morning after a cheat meal. Daily Anti-Aging Regimen. **The Original 3-Day Fat Flush by Ann Louise Gittleman Featured on** 10-Day Green Smoothie Cleanse [JJ Smith] on . Nutribullet Recipe Book: Smoothie Recipes for Weight-Loss, Detox, Anti-Aging Lose Weight Without Dieting or Working Out: Discover Secrets to a Slimmer, Sexier, **DAY 10!!!!** Feeling super excited at how far Ive come!! Ive lost 14 pounds and feel amazing **17+ best ideas about**

**Detox Smoothie Recipes on Pinterest Weight** 14 Day Green Smoothie: How to Lose Weight, Detox, Anti-Aging and the Secret Ingredient. (English Edition) eBook: Robert House: : Kindle-Shop. **12 Smoothies That Beat Bloating Eat This Not That** on Pinterest. See more about Juice drinks, Green juice detox and Healthy smoothies. See More. DIY 3 Day Juice Cleanse For Weight Loss . Detox Smoothie - Great for anti-bloating morning after a cheat meal. Ginger, . I learned to squat at the mere age of I know! Kinda old, if .. The secret ingredient? Fresh basil **10-Day Green Smoothie Cleanse: Lose Up to 15 Pounds in 10 Days** Looking to lose a few extra pounds? Dr. Mark Hyman has developed a 10-Day Detox diet that can help you lose weight fast. Read about how the diet works, **14 Day Green Smoothie: How to Lose Weight, Detox, Anti-Aging and** In fact, this drink serves up 33 percent of the days vitamin A most of which Nutrition: 280 calories, 14 g fat, 1 g saturated fat, 39 g carbs, 9 g fiber, 17 g Made with just four ingredients, this smoothie will take you no time at all to whip up. .. with anti-aging antioxidants and powerful metabolism-boosting compounds. **7 Smoothie Recipes For Rapid Weight Loss Detox program** The 14 Day Green Smoothie Do you know what the secret ingredient in your Smoothie is? Here Is A Preview Of What Youll Learn. **21 Weight Loss Smoothies With Recipes And Benefits Vegetables** Recipe for the Perfect Green Smoothie via @SparkPeople . The Healthy Cookbook: Detox Drinks To Lose Weight: 3 day detox . These weight loss smoothie recipes cover a variety of flavors and ingredients, Anti-Bloating Smoothie For a Flatter Belly . Try these 14 simple and delicious green smoothie recipes. **14 Slim Down Smoothies Health diet, Simple smoothie recipes and** See more about Detox smoothie recipes, Smoothie cleanse and Healthy Bikini Ready Green Detox Smoothie with cleansing, de-bloating, energizing vegan ingredients to Dr. Ozs 10-Day Tummy Tox Detox Plan helped me to lose 3 inches Healthy green smoothies for weight loss. The Anti-Bloat Smoothie Recipe **56 Smoothies for Weight Loss Eat This Not That** Achetez et telechargez ebook 14 Day Green Smoothie: How to Lose Weight, Detox, Anti-Aging and the Secret Ingredient. (English Edition): Boutique Kindle **25+ best ideas about Green Tea Diet on Pinterest Green tea detox** See more about Super cleanse, Detox smoothie recipes and Smoothie recipes with Super ingredients that FREE 12 Day Green Smoothie E-Course. **14 Day Green Smoothie: How to Lose Weight, Detox, Anti-Aging and** Guide to making the ultimate Green Smoothie for health, weight loss, and . It can get dangerous to detox your body yourself . Colorful healthy smoothies 5 days worth of smoothies away I can lose weight in my sleep and I can find all these ingredients locally too . Here are 14 days lemon water diet to shed belly fat. **10-Day Green Smoothie Cleanse: JJ Smith: 9781501100109** 14 Day Green Smoothie: How to Lose Weight, Detox, Anti-Aging and the Secret Ingredient. eBook: Robert House: : Kindle Store. **Oz-Approved 7-Day Crash Diet The Dr. Oz Show** See More. I have been drinking this daily for 2 weeks and I have lost weight! It. Fat Flush Detox Drink Detox water is a trend these days and a quicker way to stay hydrated along with . Matcha Green Tea Smoothie, quick and easy 5-Ingredient recipe. .. Recipe from Madeline Given Anti Inflammatory Diet Cookbook! **14 Day Green Smoothie: How to Lose Weight, Detox, Anti-Aging and** 6-Ingredient Lemon-Ginger Liver Detox Juice for Weight Loss. FREE 12 Day Green Smoothie E-Course Stubborn Fat, Without Dangerous Pills Or Pooping Potions In Just 14 Days! Why green smoothies are good for your health? .. 10 Yummy Anti-Inflammatory Juice Recipes And Their Benefits For Your Health. **Food list for 10-Day Green Smoothie Cleanse by JJ Smith (2014): A** Effective weight loss plan has been featured on shows such as Dr. Oz. Smoothies satisfies hunger with enzyme-rich fruits, green veggies and Lunch: 3-Day Fat Flush Smoothie with vegan protein + 4 cucumber spears & 2 Combine all ingredients in a blender until the desired consistency is reached. See more about Detox soup, Cauliflower pizza and Apple cider vinegar. If youve recently dedicated yourself to losing weight, its likely that youre . Top this smoothie bowl with your favorite healthy ingredients like extra fresh fruit, J.J. Smiths Anti-Aging Smoothie: Defy your age with this nutritious smoothie recipe.