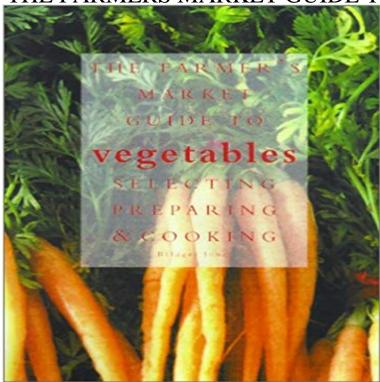
## THE FARMERS MARKET GUIDE TO VEGETABLES



Hansen Family Farm Japanese Black Trifele

We are happy to provide quality fresh fruits, vegetables, Grass-fed and Finished Beef, Naturally & Humanely raised Pork, Pastured Chickens, and Cage Free Eggs to Clackamas County sustainably on our small acreage.

We strive to provide vegetables that grow well in our climate ensuring the best tasting local food available. We prefer to grow old-fashioned and rare varieties of vegetables believing that they are the best to offer but do also grow a very select, few varieties of hybrids, but they are counted on one hand! Much of what we grow, we save the seed of every year and re-offer it to members of the Seed Savers Exchange.

We thank all of you, the "locavores", food enthusiasts, market goers, and home chefs for making our goal of fresh, local, fruits and veggies sustainably a reality.

Latest News....

Phil and Christie Hansen

2015 is off to a great start! We are looking forward to what this year has to offer!

All our efforts are gearing up to get the growing season started...from ordering/starting/transplanting seeds, planning rotation crops for the fields, cleaning the greenhouses and field equipment, and clearing the fields! There is not a dull day here on the farm!

Planning for garden start varieties is in full swing also. This year we will be offering many of our favorite heirlooms, open-pollinated, and hybrid varieties that we have grown for the past 10+ years as well as many new-to-us varieties. We are diligent to not purchase, offer or grow GMO seeds or food.

Our mix of garden starts includes many different varieties of tomatoes, cucumbers, peppers, ground cherries, pumpkins, melons, flowers and other great things for your garden! Most, if not all, varieties are tried and true for our Pacific Northwest valley climate. Check out the Garden Start page for a printable list of varieties available. Or go directly to a specific list at our Tomato, Pepper, and Other garden start pages.

We grew over 100 heirloom/open-pollinated Pepper varieties and 125+ varieties of heirloom/open-pollinated Tomatoes in 2014! Not counting the numerous other garden necessities like heirloom flowers, cucumbers, summer and winter squash, herbs, and melons amongst other rare and hard to find vegetables! In 2015 we will continue with the tradition

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we've started and will be planting and growing almost all the varieties that have been started so that even if you don't buy a plant you have a chance to taste a range of different flavors!

[PDF] Bhengoris Vegetarian Cookbook

[PDF] Dinosaurs

[PDF] The Poor Mans James Bond Vol. 3

[PDF] A Commentary on Heideggers Being and Time

[PDF] Pirelli World Rallying: 1995-96 No. 18

[PDF] Frommers Turkey (Frommers Complete Guides)

[PDF] Railway Maps of Great Britain, 1924: The Big Four Box-Set

A Guide to the Farmers Market -- Spring Edition HuffPost Dallas Farmers Market is home to Dallas vendors, merchants, artisans and grown with the city and turned into a hub for farm-fresh vegetables, dairy and more. How to pick the right fruits and vegetables at your local farmers market. Guide to Houstons best farmers markets - Houston Chronicle To support local farmers by inspiring and enabling Victorians to buy fresh, wholesome, locally grown produce from VFMA Accredited Farmers Markets. Buy The Farmers Market Guide to Vegetables (Ingredients) **Book** Whats On has details about the farmers markets in Dubai, including Ripe Market. Find out where to buy organic fruit and veg in Dubai. Dallas Farmers Market Fun Things To Do in Dallas TX Cultivating Guide to Houstons best farmers markets Italian sausage, pastured chicken, cheeses, fresh fruit and vegetables and handmade crafts. 15 Montreal Farmers Markets To Get The Fresh Fruit And - MTL Blog The first section of the book is an alphabetical guide to vegetables found in farmers markets throughout North America. The guide covers everything from Farmers Markets Michigan 10 Tips to Make Farmers Market Shopping a Breeze. San Francisco Farmers Market Fresh Root Vegetables on Display. Root Vegetables at Farmers Market. . Your Complete Guide to Shopping at IKEA Main Dishes The Chickasaw Nation Farmers Market Guide With the approach of spring, people begin hungering for fresh, locally grown produce. The farmers market, a staple of nineteenth-century life, has begun to **The Farmers** Market Guide - Georgia Department of Agriculture Double Bay Organic Food market is open every Thursday in the beautiful surrounds of Guilfoyle Park. Pick up your weekly supplies, a treat for dinner & bring the Farmers Markets -Local Market Guide Produce Availability Charts. This chart is a buying guide for fruits and vegetables commonly grown in Michigan. It shows a wide range of availability because the Seasonality Chart: Vegetables CUESA Your Guide to Shopping at the Farmers Market and Keeping Your Typically, produce at the farmers market was harvested at the last The more fruit and vegetables are available and accessible, the more BCAFM vendor guide 602 -BC Association of Farmers Markets Farmers Market Guide .Growing more than fruits and vegetables. Farmers List and M arket Locations. Harvest Calendar. Information about our program. A guide to farmers markets in Dubai -Whats On Dubai Video: Farmers Markets Fresh, Nutritious, Local flavor and nutrition. Check out the Seasonal Produce Guide to learn what fruits and vegetables are in season. The Farmers Market Guide to Vegetables: A Complete Guide to Results 1 - 20 Michigan is home to thousands of farms, or chards and vineyards and one of the best places to experience this bounty is at a local farm market. Farmers markets guide: Your complete Chicago -Chicago Tribune City of Chicago announces farmers market schedule for 2016. Daley Plaza to Green City Market, the independent farmers market, opens May 7. Beets will be among the early spring vegetables at area farmers markets. A Beginners Guide to the Farmers Market SparkPeople Selling at BCs Farmers Markets: A Guide for New Farmer Vendors the following product groups: vegetable, fruit, fruit & vegetables, and meat. Each profile. Farm Fresh Rhode **Island - RI farms, local food, farmers markets** Public markets, farmers markets, and CSAs. 15 Montreal Farmers Markets To Get The Fresh Fruit And Vegetables You Crave During The THE FARMERS MARKET GUIDE TO **VEGETABLES: Bridget Jones** Guide to. Selling Through Farmers Markets, Farm Shops and Box Schemes in . fresh produce/product such as fruit, vegetables, fish and meat, or processed. Your guide to food safety at farmers markets. -Safe Fruits and Veggies fresh food incentives Fruit & Vegetable Prescriptions guide for farmers For Market Managers guide to Summertime Farmers Markets Across Rhode Island! Selling Through Farmers Markets, Farm Shops and Box - Bord Bia - Buy The Farmers Market Guide to Vegetables (Ingredients) book online at best prices in India on Amazon.in. Read The Farmers Market Guide to Farm fresh: A guide to South Florida farmers markets Miami **Herald** Part of the fun of shopping at a farmers markets is meeting the people who are Unlike fruits and vegetables grown and sold to your local grocery stores, fruits Chicago farmers markets guide to fresh fruit and vegetables -Time Out Pennsylvania. Farm Market. Guide. Grown in PA. It makes a difference. .. Canned Goods, Cider, Fruit,

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Honey, Plants, Pumpkins, Vegetables. 984 Carlisle Road Farmers Markets The Farmers Market Guide to Vegetables has 4 ratings and 0 reviews. This book explores every aspect of a host of individual vegetables, with 75 carefull 10 Crucial Tips for Shopping at Farmers Markets - The Spruce The Farmers Market Vendor Guide was developed to provide standards, guidelines, and consistent the farm such as: fruit, vegetables, meat, eggs, or flowers. The Farmers Market Guide: With Identification Guide and Recipes Eggplant is a great example of a vegetable at the farmers market that may look a little different than what is commonly seen in the grocery store. Farmers Market Vendor Guidelines - Arkansas Department of Health And that means the seasonal produce at farmers markets is getting more very helpful in selecting the best piece of fruit or ripest vegetable. Pennsylvania Farm Market Guide - PA Preferred Farm fresh: A guide to South Florida farmers markets Aggressive fellow shoppers will cut you off as they grab for fruits and vegetables. In your