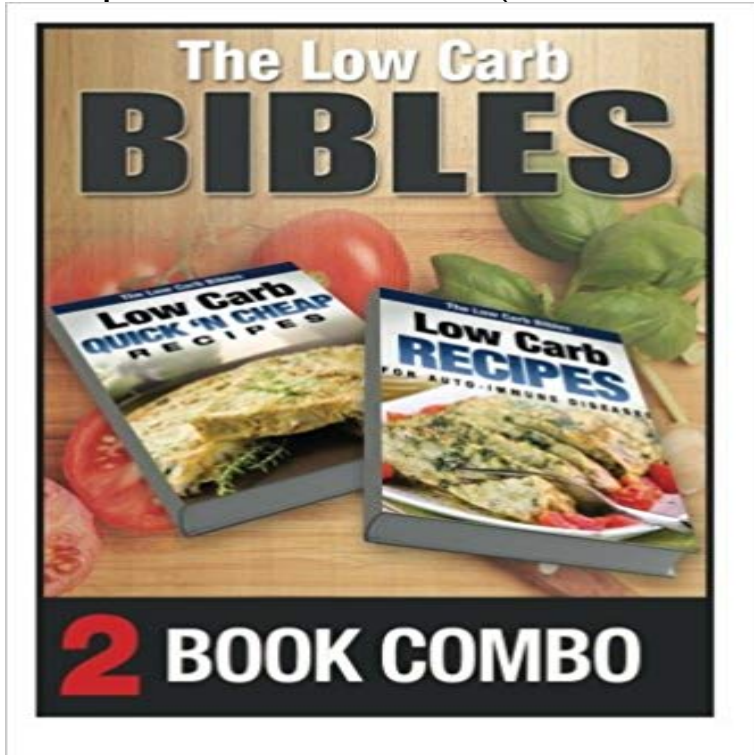


Low Carb Recipes For Auto-Immune Diseases & Quick N Cheap Recipes: 2 Book Combo (The Low Carb Bibles)



Welcome to the Low Carb Bibles! A series of Low Carb Cookbooks for home cooks and food enthusiasts! Looking For New Low Carb Ideas That Actually Taste Great? Explore the world, and make cooking an easy task with Tina Palmarchetty, as she takes you through different cultures and cooking techniques all carefully designed to please the avid Low Carb follower! Busy Moms Listen Up! Tina delivers delicious recipes for the entire family. She was a working mother when she decided to write these books, she understands the constraints that come with the territory. Hungry? Excited? There's More! You'll never have trouble coming up with meal ideas again. The Low Carb Bibles provide you with everything you need to go Low Carb, stay Low Carb, and LOVE EATING LOW CARB: Vitamix Recipes - Soups, Smoothies, Juices, and Sauces - don't have a Vitamix? A blender will do just fine! A Collection of Your Favorite Foods (All Low Carb) - miss the pasta, pizza, burgers, and desserts from your diet? It's all one click away! Italian, Indian, Greek, Mexican recipes, and many more! Always on the go? Check out the On-The-Go Recipe Book or the Freezer Recipes Book to save time! On a budget? Eating low carb doesn't have to be more expensive than it already is - check out the Quick and Cheap Low Carb Recipes - with every recipe taking 10 minutes or less! Slow cookers, pressure cookers, and baking galore - you'll find it all with this amazing set of cookbooks! All recipes are family-friendly, and Tina goes a step further by providing her very own set of Low Carb Kids Recipes - great for the whole family - even better for the little ones! Get More For Less! Purchase each book one-by-one or check out the combo books by Tina to get a discount on multiple book purchases. This is truly - the best Low Carb cookbook set out - purchase your copies today and see why!

Hansen Family Farm
Japanese Black Trifele

We are happy to provide quality fresh fruits, vegetables, Grass-fed and Finished Beef, Naturally & Humanely raised Pork, Pastured Chickens, and Cage Free Eggs to Clackamas County sustainably on our small acreage.

We strive to provide vegetables that grow well in our climate ensuring the best tasting local food available. We prefer to grow old-fashioned and rare varieties of vegetables believing that they are the best to offer but do also grow a very select, few varieties of hybrids, but they are counted on one hand! Much of what we grow, we save the seed of every year and re-offer it to members of the Seed Savers Exchange.

We thank all of you, the “locavores”, food enthusiasts, market goers, and home chefs for making our goal of fresh, local, fruits and veggies sustainably a reality.

Latest News....

Phil and Christie Hansen

2015 is off to a great start! We are looking forward to what this year has to offer!

All our efforts are gearing up to get the growing season started...from ordering/starting/transplanting seeds, planning rotation crops for the fields, cleaning the greenhouses and field equipment, and clearing the fields! There is not a dull day here on the farm!

Planning for garden start varieties is in full swing also. This year we will be offering many of our favorite heirlooms, open-pollinated, and hybrid varieties that we have grown for the past 10+ years as well as many new-to-us varieties. We are diligent to not purchase, offer or grow GMO seeds or food.

Our mix of garden starts includes many different varieties of tomatoes, cucumbers, peppers, ground cherries, pumpkins, melons, flowers and other great things for your garden! Most, if not all, varieties are tried and true for our Pacific Northwest valley climate. Check out the Garden Start page for a printable list of varieties available. Or go directly to a specific list at our Tomato, Pepper, and Other garden start pages.

We grew over 100 heirloom/open-pollinated Pepper varieties and 125+ varieties of heirloom/open-pollinated Tomatoes in 2014! Not counting the numerous other garden necessities like heirloom flowers, cucumbers, summer and winter squash, herbs, and melons amongst other rare and hard to find vegetables! In 2015 we will continue with the tradition we've started and will be planting and growing almost all the varieties that have been started so that even if you don't buy a plant you have a chance to taste a range of different flavors!

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