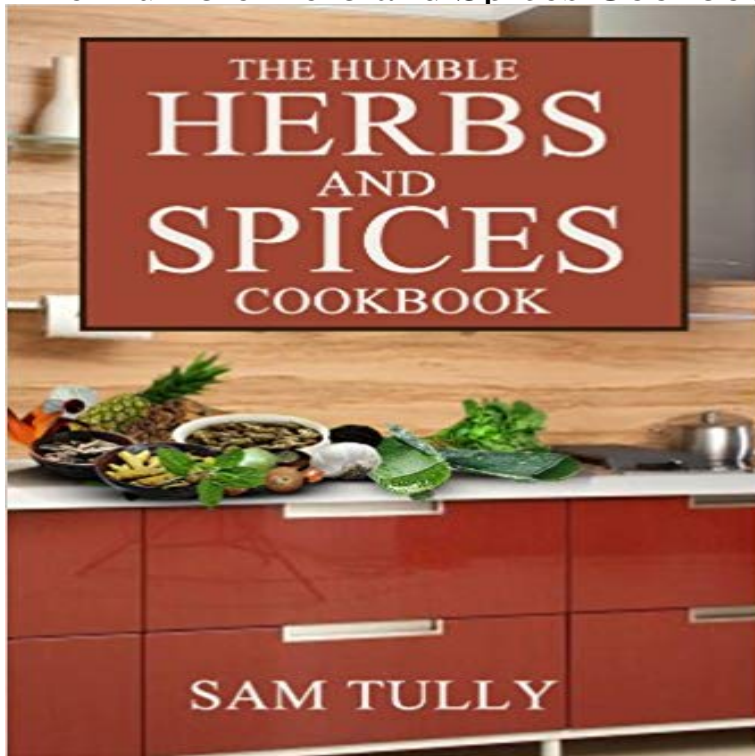


The Humble Herb and Spices Cookbook



EXCITE and tantalise your taste buds today with these amazing recipes utilising Herbs and Spices. The Humble Herb and Spices add incredible flavour, and interest to almost any dish with the added bonus of being economical, healthy and can easily be home grown. They can be used in breakfast meals, lunches, or main meals. Add them to meats, vegetables, in soups, as dressings. Nearly every recipe will benefit from the addition of a herb or spice. Their use in meal preparation - is only limited by your own imagination! Impress your friends at dinner parties by dishing up a restaurant worthy meal. By purely adding herbs and spices to a dish, it takes it from a normal, average meal right up to Amazing. Spice up the family meals quickly and easily. It takes no time at all to throw in some fresh or dried herbs and spices your family will love you for it. Whip yourself up an incredible lunch or snack, and relax knowing you are eating something that not only tastes great but is healthy, natural and is good for you and your body. Herbs and Spices are incredibly beneficial to our overall health and aids in accelerating weight loss. Start your exciting journey into the wonderful, magical world of Herbs and Spices.

Hansen Family Farm

Japanese Black Trifele

We are happy to provide quality fresh fruits, vegetables, Grass-fed and Finished Beef, Naturally & Humanely raised Pork, Pastured Chickens, and Cage Free Eggs to Clackamas County sustainably on our small acreage.

We strive to provide vegetables that grow well in our climate ensuring the best tasting local food available. We prefer to grow old-fashioned and rare varieties of vegetables believing that they are the best to offer but do also grow a very select, few varieties of hybrids, but they are counted on one hand! Much of what we grow, we save the seed of every year and re-offer it to members of the Seed Savers Exchange.

We thank all of you, the “locavores”, food enthusiasts, market goers, and home chefs for making our goal of fresh, local, fruits and veggies sustainably a reality.

Latest News....

Phil and Christie Hansen

2015 is off to a great start! We are looking forward to what this year has to offer!

All our efforts are gearing up to get the growing season started...from ordering/starting/transplanting seeds, planning

rotation crops for the fields, cleaning the greenhouses and field equipment, and clearing the fields! There is not a dull day here on the farm!

Planning for garden start varieties is in full swing also. This year we will be offering many of our favorite heirlooms, open-pollinated, and hybrid varieties that we have grown for the past 10+ years as well as many new-to-us varieties. We are diligent to not purchase, offer or grow GMO seeds or food.

Our mix of garden starts includes many different varieties of tomatoes, cucumbers, peppers, ground cherries, pumpkins, melons, flowers and other great things for your garden! Most, if not all, varieties are tried and true for our Pacific Northwest valley climate. Check out the Garden Start page for a printable list of varieties available. Or go directly to a specific list at our Tomato, Pepper, and Other garden start pages.

We grew over 100 heirloom/open-pollinated Pepper varieties and 125+ varieties of heirloom/open-pollinated Tomatoes in 2014! Not counting the numerous other garden necessities like heirloom flowers, cucumbers, summer and winter squash, herbs, and melons amongst other rare and hard to find vegetables! In 2015 we will continue with the tradition we've started and will be planting and growing almost all the varieties that have been started so that even if you don't buy a plant you have a chance to taste a range of different flavors!

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